

## Tongue Part 1

***“Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.”***  
(Ephesians 4:29 KJV)

The tongue is one of the essential organs of the body in which we communicate with the world around us and with it we can impart lot of impact and changes in the life of the people and the world around us.

***“Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.”*** (Ephesians 4:29 KJV) We learn from this Scripture that as we communicate with the people and the world around us we need to control of what is going out from our mouths. We should not allow corruptive word to proceed out from us like jokes, lies, gossips, boasting slander, accusation, slur, etc.

We should think before we go ahead and speak. Do we need to speak? If the answer is yes and the Holy Spirit permitting us to speak then we need to process of what we need to say. We should think and process in our minds what we are going to speak before we let it go out from our mouths. We should have the discretion to control corrupt communication, filtering them out and not allowing them to come out from our mouths. What going to proceed of our mouths should be used to edify others. “But that which is good to the use of edifying.” (Ephesians 4:29 KJV)

***“Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.”*** (Proverbs 18:21 KJV) As you speak you are either bringing life or death to people who are hearing you. If you are pessimistic and negative in your speech you are sowing death and destruction. For example if you say to your son ‘You are useless’, he will be useless because that what you say and that what you prophesy about him. But if you say to your son, ‘I trust God that you will be doing great things,’ then these words of yours will bring life and success into his life, because that expresses your faith in God.

Around you are people; in your family, your spouse and children, the people in your work place, and the people in the neighborhood, therefore when you speak, those people will hear what you are saying. Therefore you should be aware that others are hearing you. If you are allowing Godly speech will come out from your mouth, then you are edifying others, and that will build them up in the knowledge and in the fear of the Lord. But if you allow corruption coming out from your mouth then you are destroying others, including those who are very near to you. Therefore you should be very alert about the high responsibility on you as you are using your tongue. Always ask yourself the following questions before you open your mouth and speak:

1. Do I need to speak?
2. What I am going to say?
3. Do I need to keep silent?

***“But that which is good to the use of edifying, that it may minister grace unto the hearers.”*** (Ephesians 4:29 KJV) We are called to serve the grace of God to others who are hearing us. What we speak it might be transmitted beyond the walls and reach the ears of other people, therefore we need to be sure that we ministering grace.

The grace of God and the graceful talk we can define it from what we read in **Titus 2:11-12**, ***“11 For the grace of God that bringeth salvation hath appeared to all men, 12 Teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously, and godly, in this present world.”*** (Titus 2:11-12 KJV) We ought to live the graceful talk that deny sin and worldliness, and that direct us to live in self-control in godliness and righteousness in this world till Jesus would come and take us to our heavenly home.

***“Let your speech be always with grace, seasoned with salt, that ye may know how ye ought to answer every man.”*** (Colossians 4:6 KJV) We should weight carefully what we are going to speak, full of God’s grace, declaring His will and plan to the people.

Seasoned with salt, it means since we are the salt of the earth, therefore what we speak should bring a difference toward Godliness and righteousness and preserve holiness and that what God ordained in His Word.

***“Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.”*** (Ephesians 4:29 KJV) We are aware that the tongue is connected with the heart and the thought of man. And what is going out of the mouth it is preceded out of the heart.

***“18 But those things which proceed out of the mouth come forth from the heart; and they defile the man. 19 For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies.”*** (Matthew 15:18-19 KJV) The evil thoughts in the heart will be manifested in the word of the mouth. That is the reason why corruptive communications are coming out of the mouth because the heart is not clean.

Therefore, to clean your mouth, you need first to clean up your heart and your mind from evil thoughts that are contradicting God’s Word and commands.

Solomon instructed his son with the followings: ***“Keep thy heart with all diligence; for out of it are the issues of life.”*** (Proverbs 4:23 KJV) You should protect your heart and keep it pure and away from being corrupted. The heart can be corrupted when you are intermingling and communicating with corrupted people, ungodly friends and people with wrong character and attitudes. People who are liars, immoral, greedy, angry and other wrong characters when you keep company with them, they will ultimately influence you and corrupt you, therefore be sure that you are not in a such company.

You need to avoid, TV, U tube and other media that exposes you to worldly things and would corrupt your heart. You ought to move away from such atmosphere to keep your heart pure so you will speak pure and Godly words. “A good man out of the good treasure of the heart bringeth forth good things: and an evil man out of the evil treasure bringeth forth

*evil things.” (Matthew 12:35 KJV) So whatever you are going to store inside your heart that will ultimately come out from your mouth whether good or bad.*

*“But I say unto you, That every idle word that men shall speak, they shall give account thereof in the day of judgment.” (Matthew 12:36 KJV) Many when they will speak, they will not consider the outcome of what they are saying, and they think that whatever they would say will have no accountability for it. Every man will give account in the day of judgment of what he is saying. God will not judge us with what others had said, but He will judge us with what we said and with what we did, “For by thy words thou shalt be justified, and by thy words thou shalt be condemned.”” (Matthew 12:37 KJV)*

*Therefore we need to be aware of what we are speaking and saying, “In the multitude of words there wanteth not sin: but he that refraineth his lips is wise.” (Proverbs 10:19 KJV)*

*If we speak unnecessarily we might fall into sin and troubles. Unnecessary talk can bring sin. Therefore, as we mentioned before, we need to consider that in certain occasions we don’t need to speak anything. That is why it is said, “but he that refraineth his lips is wise.” (Proverbs 10:19 KJV)*

Certain time speaking brings more troubles to us in our lives, *“Whoso keepeth his mouth and his tongue keepeth his soul from troubles.” (Proverbs 21:23 KJV) To avoid speaking in certain occasions, is of good outcome for you and will spare you troubles.*

*“A man's belly shall be satisfied with the fruit of his mouth; and with the increase of his lips shall he be filled.” (Proverbs 18:20 KJV) You need to be aware that with what good you speak will bring good fruit and satisfaction into your life.*

*“Whoso keepeth his mouth and his tongue keepeth his soul from troubles.” (Proverbs 21:23 KJV) There is a time that you need to be silent and not to speak. The Word of God shows us Scriptures that will teach us to be silent to avoid putting ourselves in troubles.*

*We need to train ourselves which time that we need to be silent for the maximum of our benefits. Self-control is the fruit of the Holy Spirit, and when we our tongue is putting us into troubles because of unnecessary talk then we need to develop self-control in pertain to what we speak with our tongues.*

King David penned *Psalm 39* while he was running away from the conspiracy of his son Absalom, who drove him out from Jerusalem and made himself king instead of him.

While he was moving out, King David was threatened with his life and the life of his family and the whole people with him, therefore he wrote *Psalm 39*:

*“1 I said, I will take heed to my ways, that I sin not with my tongue: I will keep my mouth with a bridle, while the wicked is before me. 2 I was dumb with silence, I held my peace, even from good; and my sorrow was stirred. 3 My heart was hot within me, while I was musing the fire burned: then spake I with my tongue, 4 LORD, make me to know mine end, and the measure of my days, what it is: that I may know how frail I am. 5 Behold, thou hast made my days as an handbreadth; and mine age is as nothing before thee: verily every man at his best state is altogether vanity. Selah. 6 Surely every man walketh in a vain shew: surely they are disquieted in vain: he heapeth up riches, and knoweth not who shall gather them. 7 And now, Lord, what wait I for? my hope is in thee. 8 Deliver me from all my transgressions: make me not the reproach of the foolish. 9 I was dumb, I opened not my mouth; because thou didst it. 10 Remove thy stroke away from me: I am consumed by the blow of thine hand. 11 When thou with rebukes dost correct man for iniquity, thou makest his beauty to consume away like a moth: surely every man is vanity. Selah. 12 Hear my prayer, O LORD, and give ear unto my cry; hold not thy peace at my tears: for I am a stranger with thee, and a sojourner, as all my fathers were. 13 O spare me, that I may recover strength, before I go hence, and be no more.” (Psalm 39:1-13 KJV)*

*“1 I said, I will take heed to my ways, that I sin not with my tongue: I will keep my mouth with a bridle, while the wicked is before me. I was dumb with silence, I held my peace, even from good; and my sorrow was stirred.” (Psalm 39:1 KJV) King David was in serious trouble and was hurt by enemies whom he did good to them. While the trial was going on and king David moving out of Jerusalem, while he was cursed by a person called Shimei, King David resorted to live and practice the very thing that he wrote in *Psalm 39*. “1 I said, I will take heed to my ways.” (Psalm 39:1 KJV) David resolve to watch carefully the way he was living and moving as he was passing through the hard trial that had come upon Him. It is good and beneficial as we are passing through trials and tribulations is to watch our ways and how we are conducting our lives.*

David resolved that he should not fall into sin due to his tongue. *“that I sin not with my tongue.” (Psalm 39:1 KJV) When we speak something or decide something then we are paving a way that we need to fulfill. Our tongues will dictate our methodology. Therefore if we speak and decide something wrong while we are angry then it might be difficult later on to amend or change what we had decided upon.*

During that trial that David was passing through, it was a very tempting atmosphere for him to use his tongue to utter bad words, curses, idle words, etc. But he determined that he will not sin in using his tongue in a bad way. *“I will keep my mouth with a bridle, while the wicked is before me.” (Psalm 39:1 KJV) The Hebrews word that David used for ‘bridle’ is ‘Machcown’ and is repeated only once on the Old Testament, and the meaning of it is a muzzle.*

*2 I was dumb with silence, I held my peace, even from good; and my sorrow was stirred.” (Psalm 39:2 KJV) David resort to keep silent and not to talk to address those who conspire against him with an offensive talk; David even to Shimei who was cursing him did not answer him back to what he said. David held his peace, neither doing good nor bad nor doing anything: “I held my peace, even from good.” (Psalm 39:2 KJV) Certain times while*

we are in trials and our emotions are burning and stirred up. In fact it is good to refrain from speaking or doing anything because we might be doing something evil and we are not aware of.

**“My heart was hot within me, while I was musing the fire burned: then spake I with my tongue.” (Psalm 39:3 KJV)** David was meditating the things in his heart, and that caused the emotions to be raised up and caused the fire of anger inside him to be burned, and that reached up to the level that he need to talk. And as he opened his mouth he said the followings: **“4 LORD, make me to know mine end, and the measure of my days, what it is: that I may know how frail I am.” (Psalm 39:4 KJV)** When he opened his mouth David spoke with God and not with man. He inquired from God of what will be the end of the trial of this in his life. He wanted to know the end of it, acknowledging that he is weak and feeble, **“that I may know how frail I am.” (Psalm 39:4 KJV)** He started to see his weakness and he confessed that to God.

While trials is going on, it is a good practice to control your mouth and tongue. Therefore when you are over whelmed with the pain of the trial it is better to pour out your spirit and what is inside you to God and not to man.

When you pour out what is inside you to man, it may come back to you with harm and it may not be possible for you to correct things after you had spoken things that not right or proper. But when you pour out to God the matter will stay between you and Him, and any time you repent there is a way to correct things and to be restored.

**“5 Behold, thou hast made my days as an handbreadth; and mine age is as nothing before thee: verily every man at his best state is altogether vanity. Selah.” (Psalm 39:5 KJV)** David further was seeing his small size in relation to God. He was able to see his life as a handbreadth that can be easily measured. Trials and hardship will help us to humble down and will let us see our real small size, the vanity of all what we had achieved, and finally that will make us resolve to rely more on God to sustain us. **“6 Surely every man walketh in a vain shew: surely they are disquieted in vain: he heapeth up riches, and knoweth not who shall gather them.” (Psalm 39:6 KJV)** It approved to David through that trial that all what he did and achieved is vanity, as well as all what men do and achieve through hard work and labour, and in heaping riches, is a mere vanity.

**“7 And now, Lord, what wait I for? my hope is in thee.” (Psalm 39:7 KJV)** While he was in prayer, David resort to ask God what is next to come, or what is waiting for him, **“7 And now, Lord, what wait I for?” (Psalm 39:7 KJV)** Then he was inspired to answer himself to what he asked God, **“my hope is in thee.” (Psalm 39:7 KJV)** King David, as he was praying his hope and trust in God got increased and have the confidence that God will do good things to him, and it is beneficial to put his trust on God. That is another reason that when we are angry, we should bridle our mouth and pour out all what is inside us toward God because prayers will increase our faith and trust in God and will build up our hope on Him.

**“8 Deliver me from all my transgressions: make me not the reproach of the foolish.” (Psalm 39:8 KJV)** Here King David restored back to his right mind and he started to repent of his sins and asked God not to allow him to be reproached and put to shame in front of foolish people. He realized that the trials that he was passing through is his fault and not because other people are transgressing against him. He realized that God was disciplining him and not the other people. Therefore he decided to close his mouth: **“9 I was dumb, I opened not my mouth; because thou didst it.” (Psalm 39:9 KJV)** It is good to see our transgression is the source of the trouble that we are passing today. That will help us to be more humble and to keep more silent; seeing that God is disciplining us and judging the situation according to His standard.

**“9 I was dumb, I opened not my mouth; because thou didst it.” (Psalm 39:9 KJV)** King David even realized now that he need to be silent and need not to speak any evil against those who harmed him because it is God who was waging that campaign against him to discipline him. Therefore he requested God to remove His hand from him, **“10 Remove thy stroke away from me: I am consumed by the blow of thine hand.” (Psalm 39:10 KJV)**

King David further realized the value of God’s rebuke in order to correct him, and that correction is like the hand of man that crush the moth insect that eating the garment, **“11 When thou with rebukes dost correct man for iniquity, thou makest his beauty to consume away like a moth: surely every man is vanity. Selah.” (Psalm 39:11 KJV)** He acknowledged here that every man with whatever achievement he has is a vanity and of no regard when God’s hand had been put forward to rebuke him for his sin and transgression. Good are such conclusions while we are meditating on our trials and what God is doing in us. These are the fruit of prayer and the communion with God with the aid of the Holy Spirit while the trial is going on.

Therefore, as we keep our mouth silent during trials we can meditate and understand things and what God is doing in our lives more clearly.

**“12 Hear my prayer, O LORD, and give ear unto my cry; hold not thy peace at my tears: for I am a stranger with thee, and a sojourner, as all my fathers were.” (Psalm 39:12 KJV)** King David further cried to God for a relief, asking God to hear his prayer and not to keep silent. He mentioned to God that He is a stranger with him on earth as was his fathers, Abraham, Isaac and Jacob. In trials as we overcome our pain, anger and emotions, controlling our mouths, meditating on the events, we will realize that we need to live as strangers on earth, away from worldliness, till the Lord will come and take us with Him to heaven.

**My Dear and Beloved:** King David also pleaded with God to spare him this trial and to give him strength to recover and not to die, **“13 O spare me, that I may recover strength, before I go hence, and be no more.” (Psalm 39:13 KJV)** Let us plead with God in true repentance. Let us not vent our anger, knowing that such attitude will harm us and that will lead us to deal foolishly with the events of life, “He that is soon angry dealeth foolishly: and a man of wicked devices is hated.” (Proverbs 14:17 KJV) Let us confess our sins to God and let us renouncing our anger and be willing to bridle our mouths and pour out our soul and spirit



unto God who is able to heal us, restore us and bring us back to Him while we are passing the painful trials of God's rebuke and discipline.

***“He that loveth pureness of heart, for the grace of his lips the king shall be his friend.” (Proverbs 22:11 KJV)*** Jesus Christ is the King that we delight to be a friend with. He is the King of kings and the Lord of lords. This will take place when our hearts are pure and in our lips graceful speech. Therefore,

- Let us control our tongue and not to speak irrelevant things in irrelevant time.
- Let us avoid unnecessary talk because unnecessary talk will bring sin.
- Let us not to allow corruptive words to proceed out from us like jokes, lies, gossips, boasting slander, accusation, slur, etc.
- Let us speak choice words when we are need to speak.
- Let us spend more time in prayers meditating on the events around us before we put our tongues and speak.
- Let us clean our hearts from corrupted thoughts, such slander, gossip, filthiness, murder, immoralities, and others because such things will appear in our tongues.
- Let us bridle our mouth while we are in anger.
- Let us have the discretion to control corrupt communication, filtering them out and not allowing them to come out from our mouths.
- Let us have the discretion that what are going out to proceed of our mouths should be used to edify others.
- Let us always ask yourself the following questions before you open your mouth and speak:

Do I need to speak?

What I am going to say?

Do I need to keep silent?

- Let us always weight carefully what we are going to speak, full of God's grace, declaring His will and plan to the people.
- Let us always be sure that what we speak should be season with salt to bring a difference toward Godliness and righteousness and preserve holiness in the life of the people who hear us.

***My Prayer:*** Father God I come before you in the name of Jesus who died on the cross for my sins, who was buried and rose from the dead on the third day to give me eternal life.

Lord thank you for your Word to me that showed me clearly what I lack and what I am in need.

Lord I ask you forgiveness for the following corruptive speech that I uttered

*Lord I ask you forgiveness for my anger, pride, self righteousness, boasting, gossips and slander,*

*Lord I renounce bad friends, watching corrupted things such as TV, U tube and facebook.*

*Lord I commit my life to clean my heart from evil thoughts and to speak with graceful speech that is season with salt so that others who hear will be edified and built up with the truth.*

*Lord I commit myself to put bridle over my mouth and tongue. I understood that I am accountable for that before you. Lord sustains me, and let the fruit of the Holy Spirit appear in my life, personality and attitude; Lord give me gentleness, patience and self-control, so I can control my tongue in a better way.*

*Lord provide all my needs, give me good health and strength to go on and serve you. Lord fill me with the Holy Spirit that I need to go on and serve you with. Lord make me a good example to others so they will see you through my life and my talk.*

*Lord thank you for my Brothers and Sister who committed their lives to what they heard from your Word in this message. Lord I pray for them that you will change their lives and characters to be like you and make them good examples to others to attract them to you. Lord fill them with the Holy Spirit and use them to reach others and bring them to you.*

*Lord I pray for us as a church, Lord help us to evangelize and reach new people, new cities, and new nations with your gospel and disciple them with your Word. Lord enable us to start more Bible studies and to plant new congregations for the church. Lord bless us, enlarge our territory, let your hand be with us, free us from harm, so we will not feel pain. May the grace of the Lord Jesus, and the love of God and the fellowship of the Holy Spirit be with us all in Jesus name, Amen.*

Dr. Ramiz Khalaf  
The Church Overseer  
Church of God  
United Arab Emirates  
Email: [thebread1@gmail.com](mailto:thebread1@gmail.com)  
Mobile Tel #: 00971551902647

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